



Celebrating 25 years devoted to training Train to Gain with First Rung

high quality workplace training

What is Train to Gain?

Train to Gain forms part of the government's initiative



to provide training aimed at improving the skills and knowledge of England's workforce.

Who is eligible for Train to Gain?

Train to Gain is available to anyone living permanently in the UK and the EU, over the age of 19 and who is working or volunteering for an employer. They should not have achieved a level 2 qualification or above i.e. they do not have 5 GCSE or O Level passes at grades A-C, or an NVQ Level 2, or a comparable diploma or certificate.

What kind of training is available and how long does it take?

The programme is designed to provide NVQs levels 2 or 3 depending on eligibility criteria.

First Rung have been delivering quality training for 25 years and have Direct Certification Status

What are the costs?

Subject to the eligibility conditions, this training is funded by the Learning and Skills Council and therefore is available at no cost, subject to vocational area.

How long does the training take?

Typically NVQs take between 5 to 12 months to complete. This can vary depending on factors such as the level of the NVQ undertaken, the extent to which experience or training is required and the time taken to compile the portfolio.

- » Candidates are assigned qualified & experienced assessors to provide support and guidance throughout their training.
- » Assessors liaise with employers to ensure minimum disruption when planning staff visits.
- » Assessments are tailored to individual needs.
- » All funding is claimed at source so there is no costs to the employer or staff at any point.

First Rung Limited

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